

WINTER 24/25

THE BEACON BEAM



BeaconTM
South Yorkshire
Carer Support

Designed by the proud team at Beacon South Yorkshire

***Above Parkgate Mobility
19 Doncaster Road
Barnsley
S70 1TH***

Barnsley office:- 01226 814012

Rotherham office:- 01709 285388

info@beaconsy.org.uk

www.beaconsy.org.uk

Opening Times:

*Monday to Thursday:
9am – 3pm*

Friday: By appointment •

*Weekends and Bank
Holidays: Closed*

Charity Commission: 1117760 Companies House: 05385670

BEACON STATISTICS

From 1st of December 2024 - 1st of March 2025 Beacon has completed:

- 89 Face to face support sessions
- 58 Telephone support sessions
- 49 Counselling sessions
- 157 Food bags distributed by Beacon
- 46 Mindfulness attendances (over 7 sessions)
- 20 Holistic therapy attendances
- 68 Coffee morning attendances (over 5 sessions)
- 230 Drop in's attendances (over 34 sessions)
- 4 Yoga sessions with 14 attendances
- 41 Wellbeing calls

For any information on any of the services on offer please get in touch - our dedicated team will be on hand to help.

WHATS BEEN HAPPENING AT BSY

We had a lovely Christmas Coffee morning at our Barnsley branch with a delicious buffet spread.



We celebrated the end of the year at our annual christmas meal at Burntwood court.

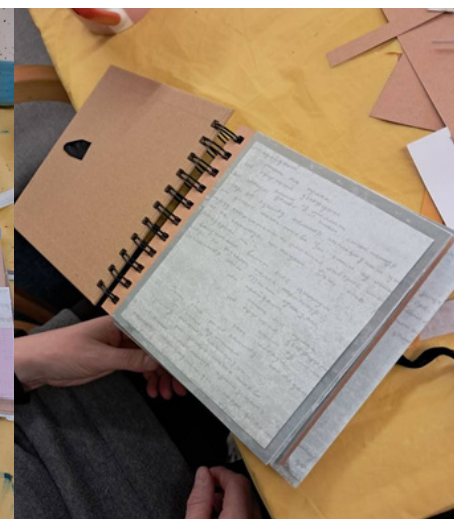


WHATS BEEN HAPPENING AT BSY



There was lots of fun and laughter as usual at our Rotherham drop-in in January.

Some of our carers relaxing with some mindfulness meditation at our Barnsley branch.



We have been crafting at our Craft and Chat group by making some lovely memory albums.

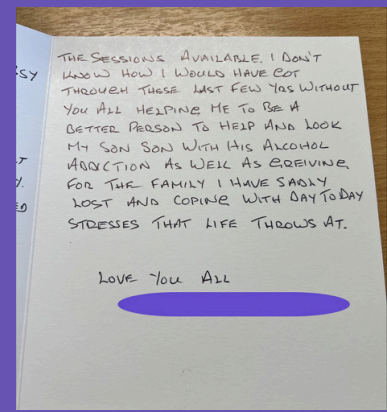
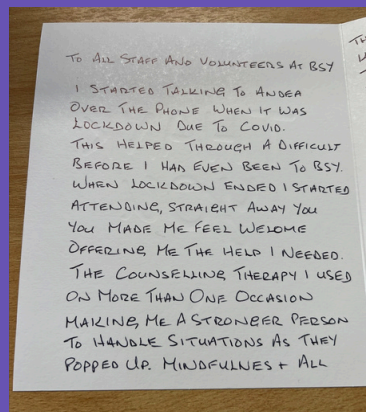
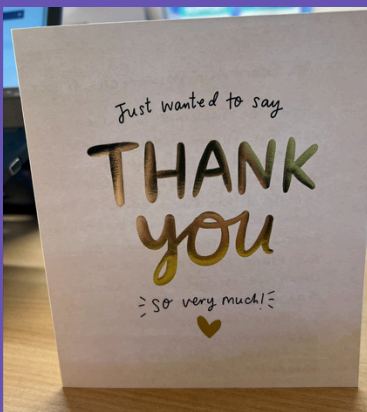
WHATS BEEN HAPPENING

DECEMBER - This month we had our annual Christmas meal for each of our branches. Our Barnsley Christmas meal was held at Burntwood Court Hotel. Our Rotherham Christmas meal at The Droppingwell. We made Christmas wreaths at our Rotherham craft group. We made Christmas crackers at our Barnsley craft group. We had our Christmas themed coffee morning at our Barnsley branch where we played Christmas songs, drew our Christmas raffle and played some games. We had a Christmas themed drop-in at our Rotherham branch where we sang Christmas carols and played bingo.

JANUARY - We announced that we would be working with LUNG for the new Calling Barnsley project. We registered with Easy Fundraising where our supports can raise free donations for Beacon South Yorkshire through shopping online! We started making memory albums at our Barnsley Craft and Chat group. We hosted the Empower by Endorphins course at our Barnsley branch. We were funded to become a Welcome Warm Space for a day.

FEBRUARY - We supported Time to Talk Day on our social media. We continued making our memory albums at our craft and chat group. We help the Endorphins empower course at our Barnsley branch. We were joined by Rotherham Talking Newspaper at our Rotherham coffee morning.

A lovely thank you card with positive feedback we received from one of our wonderful carers.



Barnsley project with LUNG.

We worked with LUNG on the new Calling Barnsley project.

An experienced LUNG facilitator joined us at our Barnsley branch to help and guide our carers through the process of writing a real-life story in their own words. Carers who took part in the workshop were invited to write about their voices, passions and the stories they wanted to tell.

LUNG will be creating a 'Phone book of Barnsley, sharing the stories people have written in their workshops.

Wreath making at Rotherham craft group.



A re-cap of 2024 at BSY.



In 2024 Beacon South Yorkshire have delivered 1463 sessions to support unpaid carers. Of the 1463 sessions delivered...

*Figures up to date as of 9/12/24

We have provided

457
one to one
support
sessions



That's 445 hours for 150 carers.

We have provided

270
counselling
sessions



That's 264 hours for 31 carers.

We have provided

127
wellbeing
calls



That's 87 hours for 53 carers.

We have provided

264
telephone
support
sessions



That's 229 hours for 78 carers.

We have provided

189
group support
sessions



1140 attendances by carers.
150 different carers attended.

We have provided

134
therapy
sessions



That's 351 hours for 58 carers.

How you can help support BSY

We are now registered with Easy Fundraising!

You can raise FREE donations for Beacon South Yorkshire LTD EVERY time you shop online. All you need to do is download the app on you device and select us as your chosen cause!

It's quick and easy to do and would be greatly appreciated! Over 8,000 retailers will donate, including all the big names like John Lewis & Partners, BT, Expedia, Argos, ASOS, Just Eat, Uswitch and many more!

You can join us and raise funds through easy fundraising by following the URL: <http://efraising.org/Mve1Tuastg>

Beacon South Yorkshire Annual Survey 2024

Our annual survey is now available for you to share your opinions and feedback on Beacon services. The survey is available in paper format, at our branch or is available online through our Facebook page. You can also access the survey through the QR code. The survey will be available until Monday 10th March 2025.

We encourage you to take part in this survey as it helps us to improve our services.



Website

Feel free to have a look at our website:

www.beaconsy.org.uk

Any feedback would be very much appreciated.

A HUGE THANK YOU

ON BEHALF OF THE WHOLE TEAM AT BEACON SOUTH YORKSHIRE WE WOULD LIKE TO SAY A HUGE THANK YOU TO ALL THE CONTINUED SUPPORT FROM OUR FUNDERS:



LOTTERY FUNDED



ALSO A GIGANTIC THANK YOU FOR ALL THE PERSONAL DONATIONS AND TO JULIE FOR HER CONTINUED FUNDRAISING.

WITHOUT THE CONTINUED SUPPORT OF EACH AND EVERY ONE OF YOU WE COULD NOT PROVIDE THE SERVICE WE DO FOR THE CARERS OF SOUTH YORKSHIRE

THANK YOU TO EVERYONE FROM

THE BEACON BUNCH